A years of en tropy



What Did You Eat Yesterday?

FUMI YOSHINAGA

FUMI YOSHINAGA 2 What You Yesterday?

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, Male Jague and Patrik Syrap "Food recensis), Mair recensesis) Sections Sinc for Colony and Parif and Organ Same

Green Азранация "Очельед жив Мильнод-Маць Дэр

Fried Dasken Radiales

Beaus and Chikuwa Salad

Losegna with Spinach

Konjac Noodles with Ment and Potatoes

What Did You Eat Yesterday? #2



















































The chessing used for the time solved it Affitation's vineyan division, but it can be statistical with segular vineyan, noise vineyan, noise vineyan, or one had of vineyan you have in your house. The sugar and the yolic are the key improbable is this series.

What Did You Eat Yesterday?

Glossary

Baquettë: a narrow loaf of French broad

Consomme; clarified sour steck

Lasagna: wide, flat sheets of pasta. When bought packaged, the noodles often have suffled edges,

Mittakan: a trand of vineau

Mont Blanc: in Japan, this cake consists of a soft layer of cake filled with chestrial crome and topped with chestrial crops

Osechi: special foods eatin during Gazanese New Ucar

Parmesan; the English name for parmigiana reggiane, a hard Italian cheese. Usually served grated, it cooks without becoming sticky.

Roe: fish coas

What Did You Eat Yesterday?

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Nota is also good when you put it in mape deafu to make wira-mape, (One banch of wira for mape doufu for fear.)



What Did Uou Eat Uesterday?

Glossary

Alwa-age; this slices of tifu that have been deep fried Atta-age: cake of pressed tifu that has been deep fried Bonits: a medium-sized fish in the machinel famile

Busi: Supurose ambosiach Dakon: Gazanese radisk

Doubanjiang: a salty, sometimes spicy paste ma ferent, saff" and nations seizes

Katsuelashi: dried loute flakes

Muse doubs: life in a spicy space, ligand with meat

Moir west vice wine

Mise: paste made of fermented soyleans Mitsela: Gaparese sold parsley

Nameko: small, sound, ozongo muskroom Natte: souleans fermonted by natte bacillas, resulti

smell and slicks consistings Negi-mise: scallions mixed in mise

Mos: confic chies

Okitaski; boiled regetables

Ouskedow: a vice book disk consisting of chicken, our, scattions, and other introdicals are served in a source ever a load of vice Peneue a citius-based source

Sake; a Gapanese alceholic beverage made from fermented sice Then Mico Giong: a halty-sived soylean paste that has wheat flow as the main incredient

Uses: Japanese cities fruit, approximately the size of a timposine and quite sour

What Did You Eat Yesterday?

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This time, we used current in the south to udd more regulately, but it's just as delicious with only caldenge and scrambled eggs, Also, Endage-stife fish or sulted fish will burn easily, so be careful...

What Did You Eat Yesterday? Glossary

Musu-upe: this slices of the that have been deep-fried

Bonits: a medium-sized fish in the macketel family

Daken: Japanese radisk

Dashi; stick made of boiled bonto flakes and edible kelp that is then strong will close.

Katsurliishi; dried lenite flakes

Kriboshi-daiken; dried daiken strips

Menthagu; a soup base made of dashi, sey sauce, and minin

Minin; sweet vice wine

Mise: paste made of fermented soyleans

Minoue: boiled foods

Okaka: a kind of longs Rake

Onigini; vice balls, semetimes centisining a savery filling

Suke; a Japanese alceholic beverage made from fermented sice

Umeloshi; pickled ome fruit, often called a plans, but is more closely soluted to the agricot

What Did You Eat Yesterday?

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droprikirohigovanowa

































Since loof has a stronger "smell" then prote, whoe using strong-snelling regetables like colony, I recommend using beef as the main protein, Estrea Kakei mover uses beef unless the date really

calls for it:



What Did You Eat Yesterday?

Glossary

Kathadon: boul of vice tizped with a breaded pork cutter

Kake-sola: sola that you dip in the sauce

Kingina: sauthed and simmered regetables

Monthlife: and yes

Minestione: reactable some with a tomate base

Rec: fish eggs

Sola: this needle made of buckwheat flow that is several cold or with a dispine sauce

Tennara-adon: cold adon with timoura

Tororo-sansai sola: sola with greens and Japanese gam

Traking-solar sola with a year new

Uden: thick needle made of wheat flows

What Did You Eat Yesterday?

Fumi Yoshinaga



















































The current is the craigey jeale solad is less when it's very very thirdy sliced. Also, the het papers less their holiuss if left in the autits for the long, so be conclid.



What Did You Eat Yosterday? Glossary

Bonitë: a medium-sized fish in the macketel family

Ohisimon jyako: luby sardines

Hipa-yakko: cold tifa Minin: sweet sice wine

....

Miso: paste made of fermosted scyleans

Myoga: also known as myoga ginger, it's a plant native to Japan and grown for its edible flower bud

Suke: a Japanese alcoholic beverage made from fermented rice

Suimene: dear sone

Tosoro-konlu; softened seaweed

Whitehat? the young of ranious fish, particularly homing































































A lot of things have happened, and to have met him at tirtly, I think it's probably a good thing Usen making the milk jelly, you should add more milk then specified by the agar pender so that the jelly melts in gens

melts in year mouth. For carry adon with panghin, it is possible to stofry the oriens and post in a let of heavy salad oil

lefose putting them into the stock



What Did You Eat Yesterday? Glossary

Chikusa: talo-shaped fish cake

Menthique: a soup base made of daski, sog sauce, and minin

Minin: sweetland sice wine

Sale: No also

Uden: thick needle made of wheat flour

Wasabi: Japanese kersenadisk most famous in 18 green pasti form used as condiment for saskinsi (raw seafood)













































#15

Uses can make as much regetable star as you seem!
If there happens to be beforers, just add some odon nocelles and you can onjoy it as kenchin alon.



What Did You Eat Yosterday? Glossary

Dailor: Summere radish

Dashi: a simple soup stock commonly made up of kelp and fish flakes, heated together and then strained until clear

Komba: Japanese kelp

Konjac; jelly made from the shizeme of devil's tingue, a plant in eastern Asia

Knochin; a tipo of mise soap that has a lot of root regatables in it

Misin: sweethead vice wine

Mise; fermented seybean paste

Miss seng: a Hadilional Japanese senge made of a song stick called deski, bill which miss is discreted

Sale: Noe wise

Uden: thick needle made of wheat flour





































DESCRIPTION ROPER





























If there's no years heshow, scalley used dather saled can be served with Green Epice or wested. For these who den't foucy spiciouss, a little bit of years pool—thirty sliced—can be added on top to acceptuate the tests.

- Beef mine fried wice

- Choice actions with a guess wise with

- Discord and disches the fig with cyllin source

- Mice source

Allow source

And so friend...



Enjoy and savor these at home!

What Did You Eat Yosterday? Glossary

Dakon: Japanese radish

Kenjus: jelly made from the visicome of devil's tingue, a plant in eastern Asia

Muttike: fan-skuped muskroom, referred tê in Englisk as "Ghoep's Head"

Menthaps: a soup lase made of dashi, sey souce, and minin

Missings: simmered vogetables and mest

Onigini; vice balls, sometimes centaining a savora filling

Sule: vice when

AMC, MC 1000

Shiratishi: needles made from konjac

Shiredashi: special seasoned soy sauco

Takikomi gokun: a vice dish that is seasoned with sey sauce and served with mixed regetables

Wakame: edible seaweed

Wasaki Japanese kersenadish most famous in its green paste form used as condiment for sashimi (raw scafood)

Yuzu: East Asian citius fruit that's quite sour

Usus keshesi: condiment paste made from yazu peel and Chile poppers